

10.5mm deep

209mm wide

Width includes 3mm bleed. Any sensitive matter to stop at least 6mm from full widths

155.5mm wide

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# FIVE

FREEVIEW 5 SKY 105 VIRGIN 105 FREESAT 105

- 6am Milkshake!** 9.00 The Wright Stuff 4833532 **10.30** Trisha Goddard 7037673 **11.30** I Own Britain's Best Home (R)
- 12.30pm Five News** 84055876 **12.45** Going for Gold 1.45 Neighbours 6672470 **2.15** Home and Away 2925876 **2.50** Going for Gold Extra 7776944 **3.10** The Family Recipe (R) 5527234
- 3.15 The Perfect Husband** (2004/12) Fact-based thriller, starring Dean Cain. ★★★ 18904166
- 5.00 Five News; Weather** 3997050
- 5.30 Neighbours** Sam leads Susan to believe she is trying to steal Dan from Libby. (R) 5113321
- 6.00 Home and Away** Ruby wants Charlie's blessing to date Xavier. (R) 5110234
- 6.30 Monkey Life** The park hosts a morning sing-off. 5101586

- 7.00 Five News; Weather** 3984586
- 7.30 Hero Animals** Documentary telling the story of Levan Merritt, the five-year-old boy who fell into the gorilla enclosure at Jersey Zoo, but was protected by dominant silverback Jambo. 5190470

- 8.00 Ice Road Truckers** As spring approaches, the men race to dismantle the Arctic bases before the ice melts, Rick's truck ends up in the garage again, and a rookie faces a nerve-racking first drive. Followed by Five News 1918012

- 9.00 Extraordinary People: The World's Oldest Conjoined Twins** The first in a 12-part series of remarkable tales of human experience profiles Ronnie and Donnie Galyon, who have been joined at the chest since their birth in 1951. 1938876

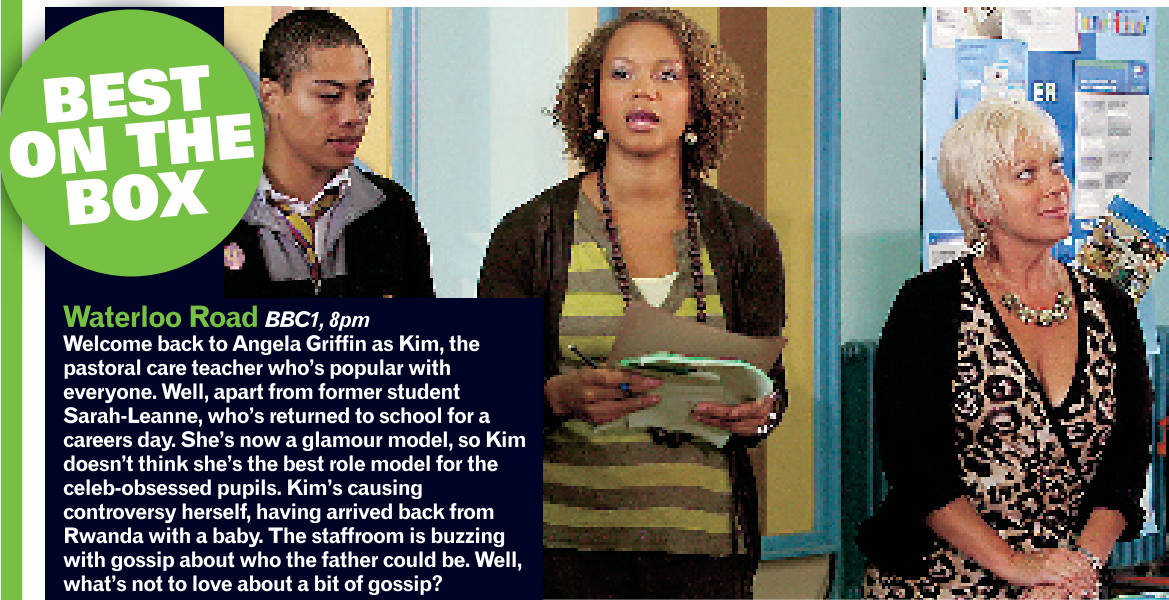
- 10.00 Serial Killer: An Interview with Arthur Shawcross** Documentary examining the notorious murderer, featuring personal testimony recorded before his death. 52625166

- 11.05 Police Interceptors** Documentary series following the work of a high-speed police interception unit. (R) 2985031

- 12.05am Poker** 1.35 NHRA Drag Racing. The ACDelco Gatornations in Florida. 9939987 **3.20** NHL Ice Hockey. Dallas Stars v Vancouver Canucks. 5543906 **5.10** Neighbours (R) **5.35-6am** Home and Away (R)

## SKY MOVIES PREMIERE

- **Sky Movies Premiere 10am** Over Her Dead Body (2008/12) Rom-com, starring Eva Longoria Parker. ★★ **11.50** I Think I Love My Wife (2007/15) Comedy, starring Chris Rock. ★★★ **1.30pm** Family Show 2.00 The Game Plan (2007/12) Comedy, starring Dwayne Johnson. ★★★ **4.00** I Could Never Be Your Woman (2007/12) Romantic comedy, starring Michelle Pfeiffer. ★★★ **5.50** The Kite Runner (2007/12) Drama, starring Khalid Abdalla. ★★★ **8.00** Over Her Dead Body (2008/12) Romantic comedy, starring Eva Longoria Parker. ★★ **10.00** Sweeney Todd: The Demon Barber of Fleet Street (2008/18) Musical horror, starring Johnny Depp. ★★★ **12m** The Oxford Murders (2008/15) Mystery, starring Elijah Wood and John Hurt. ★★ **2am-2.30** The Movie Geek

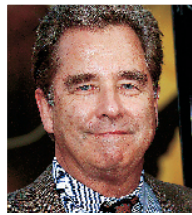


**BEST ON THE BOX**

**Waterloo Road** BBC1, 8pm  
Welcome back to Angela Griffin as Kim, the pastoral care teacher who's popular with everyone. Well, apart from former student Sarah-Leanne, who's returned to school for a careers day. She's now a glamour model, so Kim doesn't think she's the best role model for the celeb-obsessed pupils. Kim's causing controversy herself, having arrived back from Rwanda with a baby. The staffroom is buzzing with gossip about who the father could be. Well, what's not to love about a bit of gossip?

### Desperate Housewives C4, 10pm

If there's one thing sure to bring everyone together around a table and NOT bicker, it's a death, and unfortunately that's just what's happened down Wisteria Lane. Yes, friendly handyman Eli Scruggs (Beau Bridges) has gone to that great big B&Q in the sky. We might never have met him before, but he seems to have played a huge part in the ladies' lives as a series of flashbacks shows how he touched each one of them. Get the tissues out, girls, cos it's a weepy – but heart-warming – one.



### Emmerdale ITV1, 7pm

When Mark decides to beef up the security around Home Farm, his family think he's sniffed too much country air and is going a little loopy. They don't know how spooked he is having met up with mysterious Faye after all this time. Jimmy's pretending he still doesn't have feelings for Nicola and she's planning to make him jealous by hosting a smart dinner party to bag herself a rich man. Daz and Victoria sit through an awkward family meal. Is there any other kind in this village?



## DIGITAL AND CABLE

### ● BBC3

**7pm** Doctor Who (R) **8.15** Doctor Who Confidential (R) **9.00** **FILM** Interview with the Vampire (1994/18) Gothic horror, starring Tom Cruise. ★★★ **11.00** Home & Corden (R) **11.30** Family Guy (R) **11.55** Family Guy (R) **12.15am** Snog, Marry, Avoid? (R) **12.45** Freaky Eaters (R) **1.40** Natalie Cassidy's Real Britain (R) **2.40** Home & Corden (R) **3.10** Doctor Who Confidential (R) **3.55** Snog, Marry, Avoid? (R) **4.25-5.25** Natalie Cassidy's Real Britain (R)

### ● ITV2

**6am** Emmerdale (R) **7.00** The Montel Williams Show (R) **7.40** Judge Judy (R) **8.00** Ricki Lake (R) **8.40** Ricki Lake (R) **9.25** Primeval (R) **10.30** Judge Judy (R) **12noon** Emmerdale (R) **1pm** Airline USA (R) **1.30** The Jeremy Kyle Show (R) **2.40** The Jeremy Kyle Show (R) **3.50** Keith Lemon: The Hot Desk (R) **4.00** Loose Women (R) **5.00** Ricki Lake (R) **5.50** Sally Jessy Raphael (R) **6.35** Judge Judy (R) **7.00** Primeval (R) **8.00** New Homes from Hell 2009 (R) **9.00** Gossip Girl **10.00** Celebrity Juice **10.30** FM **11.00** Coronation Street (R) **11.30** **FILM** Armed and Dangerous (1985/15) Comedy, starring John Candy. ★★ **11.5am** Teleshopping **4.15-6.00** ITV2 Nightscreen

### ● ITV3

**6am** The Wonder Years (R) **6.25** The Wonder Years (R) **6.50** Surgical Spirit (R) **7.20** Heartbeat (R) **8.25** Goodnight Sweetheart (R) **9.00** The Ruth Rendell Mysteries (R) **10.05** Missing Persons (R) **11.05** Kavanagh QC (R) **12.45pm** Heartbeat (R) **1.50** Ballykissangel (R) **2.55** The Adventures of Sherlock Holmes (R) **4.00** The Ruth Rendell Mysteries (R) **5.05** Goodnight Sweetheart (R) **5.45** Heartbeat (R) **6.50** Ballykissangel (R)

**8.00** Monarch of the Glen (R) **9.00** Ladies of Letters (R) **9.30** Rising Damp (R) **10.00** Kingdom (R) **11.05** Rose and Maloney (R) **12.05am** Numb3rs (R) **1.00** Wycliffe (R) **1.50** Kavanagh QC (R) **3.05** Surgical Spirit (R) **3.35** The Wonder Years (R) **4.00-6.00** Teleshopping

### ● E4

**7.30am** Six Degrees of White Lies **8.00** The Script – Waking You Up **9.00** Fresh Stuff **10.00** Smallville (R) **10.55** One Tree Hill (R) **11.50** Gilmore Girls (R) **12.45pm** Scrubs (R) **1.15** Scrubs (R) **1.45** Smallville (R) **2.40** One Tree Hill (R) **3.30** Gilmore Girls (R) **4.25** Hollyoaks (R) **4.55** Friends (R) **5.30** Friends (R) **6.00** Scrubs (R) **6.30** Scrubs (R) **7.00** Hollyoaks **7.30** My Name Is Earl (R) **8.00** Friends (R) **8.30** Friends (R) **9.00** **FILM** The Nutty Professor (1996/12) Comedy remake, starring Eddie Murphy. ★★★ **11.00** Skins (R) **12m** Russell Brand's Ponderland (R) **12.35am** Russell Brand's Ponderland (R) **1.05** Scrubs (R) **1.35** Scrubs (R) **2.00** My Name Is Earl (R) **2.20** Roswell (R) **3.05** Roswell (R) **3.45** Hollyoaks (R) **4.10** Switched (R) **4.35** Switched (R) **5.00-10.00** E4 Music Zone **5.00-7.30** Anything Goes

### ● Living

**6am** Home Shopping **6.30** Home Shopping **7.00** Bewitched **7.30** Bewitched **8.00** Maury **8.55** The Fix **9.00** Nothing to Declare **9.30** Passport Patrol **10.00** America's Next Top Model **11.00** The Jerry Springer Show **11.30** The Jerry Springer Show **12noon** Maury **12.55pm** Maury **1.50** The Fix **2.00** Nothing to Declare **2.30** Passport Patrol **3.00** Criminal Minds **4.00** Charmed **5.00** Charmed **6.00** America's Next Top Model **7.00** Home Video Heroes **7.30** Home Video Heroes **8.00** Grey's

Anatomy **9.00** Rehab **10.00** CSI: Miami **11.00** CSI: Crime Scene Investigation **12m** Criminal Minds **1am** Charmed **2.00** Rehab **3.00** Wonder Woman **3.55** Cheerleader Nation **4.40** The Jerry Springer Show **5.05** The Jerry Springer Show **5.30-6.00** Home Shopping

### ● Sky1

**6am** Good Morning Sports Fans **6.30** Good Morning Sports Fans **7.00** Brainiac: Science Abuse (R) **8.00** Oops TV (R) **8.30** Lion Man (R) **9.00** The Biggest Loser (R) **10.00** Stargate SG-1 (R) **11.00** Stargate SG-1 (R) **12noon** Don't Forget the Lyrics US **1pm** Tim Gunn's Guide to Style **2.00** Bones (R) **3.00** Cold Case (R) **4.00** Are You Smarter Than a 10 Year Old? **5.00** Malcolm in the Middle (R) **5.30** Futurama (R) **6.00** Futurama (R) **6.30** Oops TV **7.00** The Simpsons (R) **7.30** The Simpsons (R) **8.00** Project Runway **9.00** **FILM** There's Something About Mary (1998/15) Hit comedy, starring Cameron Diaz. ★★★ **11.15** UK Border Force (R) **12.15am** Road Wars (R) **1.15** Road Wars (R) **2.10** Road Wars (R) **2.35** Stargate SG-1 (R) **3.25** Stargate SG-1 (R) **4.15** Battlestar Galactica (R) **5.10-6.00** Guilty! (R)